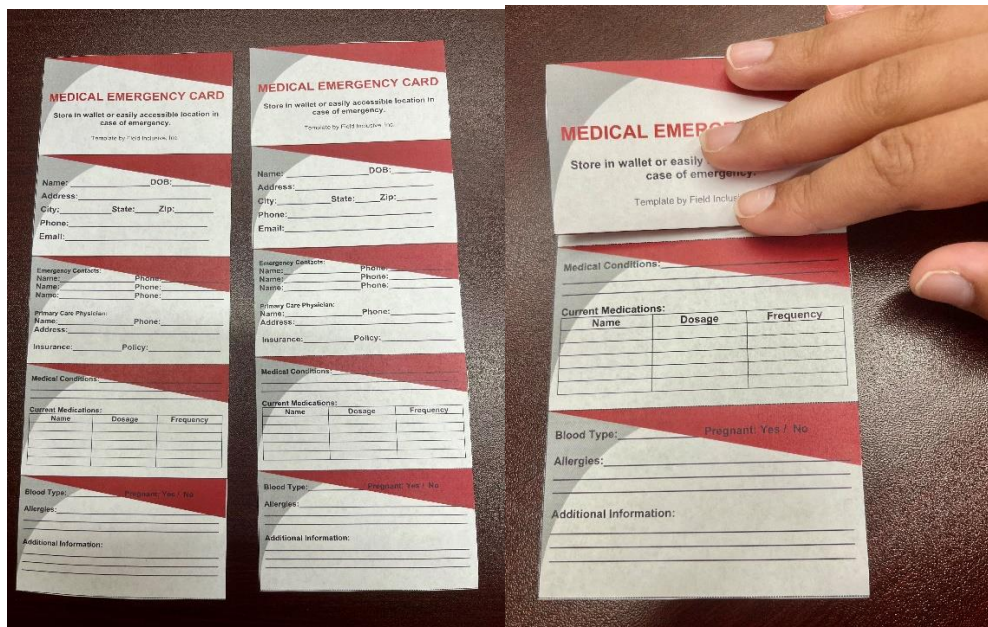


## Medical Emergency Card Instructions

*Other wallet-size medical emergency cards and templates available on Amazon.*

1. Print pdf version to write in or fill out word doc version on the computer.
2. Fill out all the information you can on each page of the card. Be sure to keep card updated with current info!
3. Cut out your card. (Each page = 2 Medical Emergency Cards)
4. Fold card along the dotted lines.



5. (Optional): Place in protective sleeve or card holder.
6. Store in wallet or easily accessible location in case of field emergency.

